

Intermediate

By Invitation Only.

In the Intermediate Level your skater will be working on STAR 3-5, following the Skate Canada Program. These include:

- **STAR 3 - 5 Freeskate:** Elements and programs.
- **STAR 3 - 5 Dance:** Steps, Baby Blues, Swing, Fiesta Tango, Willow Waltz.
- **STAR 3 – 5 Skills:** Edges, turns, and stroking on figures and patterns.
- **STAR 3 & 4 Synchro:** Blocks, lines, circles, wheels, and transition elements.

Senior

By Invitation Only.

- **STAR 6-Gold Freeskate:** Elements and programs.
- **STAR 6-Gold Dance:** 15 dances: Ten Fox, European, Foxtrot, Kilian, Starlight, etc.
- **STAR 6-Gold Skills:** Edges, turns, and stroking on figures and patterns.
- **STAR 5, 7, 9, & Gold Artistic**

How does this work?

Skaters will receive lessons from the Coaches in various formats such as private semi-private, and group. When skaters are not in lessons they will practice individually.



Assessments

STAR 1-5 is Assessed by Coaches in regular lesson format. They will generally cost one lesson fee plus the mandatory Skate Canada fee of \$12.00.

Parents will be **notified when their skater is ready for an assessment. They must be paid for online.

Test Days

STAR 6 – Gold will need to be **tested** at a **scheduled test day**. Coaches will coach skater on test day and a Skate Canada **Evaluator/Judge** will test skater and decide if they are ready to Pass.

Test days are **scheduled in advance** at various clubs in our region during the skating season. Expect to be attending a test day every couple of months at clubs such as Okotoks, Black Diamond, and our own HRSC.

