



High River Skating Club Club Rules and Code of Conduct

Codes of Conduct remind everyone of what is expected of us as part of an organization to ensure a fun, safe, and healthy environment.

Skater Code of Conduct

- All skaters must be registered in the club under their specified skating program.
- All skaters will demonstrate respect toward other skaters, coaches, administration, parents, officials, and spectators.
- Skaters must encourage sportsmanship during regular practice and at events such as competitions.
- All skaters must remember that their behaviour impacts the reputation of HRSC.
- All skaters will respect the coach's directions and participate in scheduled practice time activities.
- All skaters must abide by all coaches on the ice and observe skating priority rules.
- Skaters must arrive at the arena on time and dressed appropriately (athletic clothing, hair tied back, proper skating equipment).
- Coaches or the Executive reserve the right to remove a skater from the ice if the skater is being disruptive or disrespectful.

Parent Code of Conduct

- Encourage sportsmanship by demonstrating positive support for all skaters, coaches, and officials.
- Place emotional and physical well-being of your skater ahead of personal desire.
- Ensure your skater is at practice, properly prepared, and fully participating.
- Support the coach's decisions and refrain from coaching your skater or other skaters.
- Help to support the club through various volunteering and fundraising opportunities.
- Show appreciation and recognize the importance of volunteers, HRSC Coaching staff, and administration.

Change Room Rules

- Cell phones are to be put away in change room. No smoking or substance use in the facility at all.
- Only skaters and parents are permitted in change room, and parents should only be in the change room to help their skater prepare to get on or off the ice.
- Parents and skaters must be careful what is said while in the change rooms, stands, and rink while in our home rink and away at competitions. Negative comments regarding skaters, parents, coaches, officials, clubs, programs, and volunteers are unacceptable.

I HAVE READ AND FULLY UNDERSTOOD ALL OF THE RULES ABOVE. Any behaviour deemed not in accordance with High River Skating Club's Codes of Conduct will be handled accordingly.

Skaters Name _____ Parent Signature _____
(printed)